

## **Knee Pain – Over 50?**

# **Osteoarthritis workshop**

This 90 minute session will help you to understand **KNEE** osteoarthritis, learn ways to manage it on a day to day basis, and also give you the information you need to make the right choices about your treatment , now and in the future.

With expert advice and support from:

- Doctors
- Nurses
- Physiotherapists
- Pharmacists
- Podiatrists
- Volunteer organisations
- Health and Wellbeing experts and patients



**Monday 11th June 2018**

**Sessions at 2.30pm & 5.30pm**

**Pinewood Education Centre, Stepping Hill Hospital, SK2 7JE**

**To reserve your place, please call:**

**07534053110 or 0161 204 4686**

